St. Margaret's Co-educational
English Secondary & Primary School
聖瑪加利男女英文中小學

L.E.A.D.E.R.S. in Action
齊來做領袖
2006 - 2007













Learning

Experience

Adventure

Discipline

Esteem

Responsibility

Solidarity

St. Margaret's Co-educational English Secondary & Primary School
Direct Subsidy (Through-Train) School

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What is 'L.E.A.D.E.R.S.' ?

All the letters in the word 'LEADERS', also the name of our programme for students in whole person development, embody nearly all the major good qualities that youths today must posses for their future. The qualities include **Learning, Experience, Adventure, Discipline, Esteem, Responsibility and Solidarity**. St. Margaret's has continuously endeavoured to equip her students with these qualities by organizing various activities ever since her inception.

This year, we launched in September the "L.E.A.D.E.R.S. in Action" programme to continue our efforts to nurture our students. Students took part in various training camps according to their developmental stages to acquire those qualities. S. 2 and S. 3 students went to Shenzhen Whampoa Youth Military Academy to join the Military Training Camp. S.4 Students went to YMCA Wong Yi Chau Camp in Sai Kung to join the Adventure Training Camp and lastly S. 1 and S. 6 students went to Po Leung Kuk Tai Tong Holiday Village to join the Leadership Training Camp.

Indeed, we are pleased to see that our students have learnt to be courageous to accept challenges, to develop themselves from difficulties, to reflect from failures and lastly to explore and develop their potentials from passing the barriers in their training. We hope that our students will treasure and make good use of all these qualities and experiences to achieve excellence in school and in their life.

"LEADERS"是"齊來做領袖"計劃的英文名稱，這個字差不多已包括現時青少年在日常生活中所需的主要優良素質，如學習、體驗、探索精神、自律守規、尊重、負責及團隊合作精神等。聖瑪加利自創校以來，均不斷地為學生裝備這些優良素質。

本學年初，本校在九月推出"齊來做領袖"計劃。 學生因應成長階段，參加不同形式的訓練。中二及中三級學生往「深圳黃埔青少年軍校」參加軍事訓練營；中四級學生往「西貢青年會黃宜洲青年營」參加歷奇訓練營；中一及中六級學生則往「保良局元朗大棠渡假村」參加領袖訓練營。

我們對學生在訓練營的表現感到高興，他們能勇敢地接受挑戰，從克服困難中成長、從失敗中學會如何反思，從跨越障礙中學會如何探究及發揮自己的潛能。我們希望學生擁有及善用以上的優良素質，不斷追求卓越，成為廿一世紀具國際視野的世界公民。

S.2 and S.3 Military Training Camp

Date : 12 / 9 / 2006 – 16 / 09 /2006
Place : Whampoa Youth Military Academy, Shenzhen Branch

Introduction



Mrs. Tam, our principal, is receiving a souvenir from the camp captain.

Apart from achieving academic excellence, we endeavour to encourage the moral education and the self-management training of our students through activities that will enhance both their knowledge and sense of responsibility. With this in mind, a military training camp was organized for all Form 2 and Form 3 students, aiming to cultivate students' various leadership elements at their developmental stages. The goal of the camp is to enhance and improve students' discipline, team spirit, cooperation and self-management skills through various military activities such as military drill, mock grenade throwing, 100 meter obstacle training, night marches, educational exhibitions and other related events.



Our final display—showing how much effort we put in over the week and how well we worked together.

本校除了重視學生的學業成績，對於學生的德育及自我管理培訓亦十分關注，希望培育他們成為一個有知識、有責任感及有承擔的公民。有見及此，本校為中二及中三級學生舉辦一個具軍事訓練特色的生活體驗團，營內的活動有助培育學生的領袖才能，當中通過軍訓活動，如：列隊訓練、模擬手榴彈投擲、百米障礙訓練、黑夜行軍、參觀國防展等，藉此提高學生的紀律、合作、團體精神及自我照顧能力等。

Teachers Responsible

Teacher-in-charge : Mr. Pang CY
Guiding Teachers : Mrs. Grace Tam (Principal), Ms. Lo SY (Vice-Principal), Mr. Chui CP, Ms. Li WM, Mr. Leung CY, Mr. Mak HT, Ms. G Zehra, Ms. Sung YK, Mr. Wong MK, Ms. Wong TY, Mr. Yiu YK, Ms. Shi SK, Mr. N Dawes, Mr. A Adames, Ms. Cheung LN, Ms. Lam WY, Ms. Wong LK

Itinerary (S.2 & S.3)

Date	Time	Trainings / Activities
12/9/06 (Tue.)	08:00 a.m.	Gather at the school, take coach to Shenzhen Whampoa Youth Military Academy
	10:30 a.m. – 11:30 a.m.	Arrive at Whampoa, reception by Youths Military School
	11:30 a.m. – 02:30 p.m.	Lunch and rest
	02:30 p.m. – 05:30 p.m.	Military drill, opening ceremony
	05:30 p.m. – 07:30 p.m.	Dinner
	07:30 p.m. – 09:30 p.m.	Learning the Military regulations, managing internal affairs
	09:30 p.m. – 10:00 p.m.	Clean-up and ready for bed
13/9/06 (Wed.)	06:30 a.m. – 07:30 a.m.	Morning exercises, combat martial arts training
	07:30 a.m. – 08:30 a.m.	Breakfast
	08:30 a.m. – 11:30 a.m.	Military drill, military song singing
	11:30 a.m. – 02:30 p.m.	Lunch and rest
	02:30 p.m. – 05:30 p.m.	Military drill
	05:30 p.m. – 07:30 p.m.	Dinner and free time
	07:30 p.m. – 09:30 p.m.	Military song singing, video-watching
	09:30 p.m. – 10:00 p.m.	Clean-up and ready for bed
14/9/06 (Thur.)	06:30 a.m. – 07:30 a.m.	Morning exercises, combat martial arts training
	07:30 a.m. – 08:30 a.m.	Breakfast
	08:30 a.m. – 11:30 a.m.	Military drill, cannons operation
	11:30 a.m. – 02:30 p.m.	Lunch and rest
	02:30 p.m. – 05:30 p.m.	Military drill, military song singing, water-battle, tanks riding, mock grenade throwing, outward bound training
	05:30 p.m. – 07:30 p.m.	Dinner and free time
	07:30 p.m. – 09:30 p.m.	Educational exhibition
	09:30 p.m. – 10:00 p.m.	Clean-up and ready for bed
15/9/06 (Fri.)	06:30 a.m. – 07:30 a.m.	Morning exercises, combat martial arts training
	07:30 a.m. – 08:30 a.m.	Breakfast
	08:30 a.m. – 11:30 a.m.	Military drill
	11:30 a.m. – 02:30 p.m.	Lunch and rest
	02:30 p.m. – 05:30 p.m.	Military drill, obstacle training
	05:30 p.m. – 07:30 p.m.	Dinner and free time
	07:30 p.m. – 09:30 p.m.	Party—Military song singing and combat martial arts competition
	09:30 p.m. – 10:00 p.m.	Clean-up and ready for bed
16/9/06 (Sat.)	06:30 a.m. – 07:30 a.m.	Morning exercises, combat martial arts training
	07:30 a.m. – 08:30 a.m.	Breakfast
	08:30 a.m. – 11:30 a.m.	Managing internal affairs, tidy up, military drill
	11:30 a.m. – 01:00 p.m.	Lunch
	01:00 p.m. – 02:00 p.m.	Closing and certificates presentation ceremony
	02:00 p.m. – 03:00 p.m.	Managing internal affairs, return of things
	03:00 p.m. – 04:00 p.m.	Departure (Back to Hong Kong by 18:00)

Sharing from Students

It created a greater bond between my friends and me as we spent 5 whole days and 4 whole nights living together. It also built up my confidence to live without my parents on my side.

Menor, Armina Valdez (S.2 Gp.4)

I think the activity is a good idea because it was a good experience for all of us. I learnt how to overcome difficulties under different circumstances. I hope that we could have more camps similar to this.

Yna Margareth (S.3C)

數天的訓練真的有點辛苦，可是當完成後，卻又很有滿足感。因為一向手腳不協調的我，竟然會耍體拳呢！

區晉義(S.3C)

第一天到軍校時，看到周圍的環境，覺得像監牢一樣，但我們竟然要在這裏度過數天，心裏非常想回家。可是到了要返回香港的那天，卻對軍校另眼相看，反而有點依依不捨。

李坤麗(S.2 Gp.3)

經過今次體驗軍訓生活，覺得自己懂事了很多，也與同學建立了更深的友誼。雖然很辛苦，但是十分值得！總括來說，「獲益良多」。

黃椅薰(S.3B)

開始時真的有點抗拒，但後來卻覺得很開心。因為我真的做到了自己以為不可能的事呢！營內的活動都很有趣，有些更是我從沒嘗試過的玩意，而且自這次軍訓後，我與同學的關係也更親密了。

王凱程(S.3C)

Sharing from Teachers



'With unity and liberty, we're brothers like a forest's trees, and we cherish our fraternity!' The above is the saying among my university hallmates. I find that what you achieved in the military camp and perfectly fulfilled the meaning behind. In these days, you united together, helping and supporting each other to go through all the challenges. I'm sure you developed a deeper friendship with your classmates. Am I right? Students, treasure and memorize this valuable experience!

Mr. Mak Ho Tai (Class Teacher of S.2 Gp.3)



透過這次訓練營，我深深地體會到學生們的潛能。起初，學生們對於那裏的環境、生活，都感到難以接受。但最後，讓我感到很欣慰的是他們由「做不來」變成「做得到」！

在畢業典禮上，可見學生透過這五日四夜的訓練，能達致美滿的效果，也足以證明學生們的努力並沒有白費。這確實是一件可喜可賀的事。

我希望他們日後在人生中，當遇上逆境的時候，能用上今次在營中學到的自強不息；遇到順境時，則能繼續努力進取，不驕不縱，以達致一個豐盛、積極的人生。

彭志遠老師

在結業典禮上，看到中二及中三的學生作步操及軍拳表現，十分精彩！從中可以看到學生在五天裏的確有努力學習。真想不到他們竟然可以完成這艱辛的訓練。尤其看到一些外籍學生，到了一個以普通話溝通的地方，由最初的一點也不明白，不能跟著指令做事，到後來卻發現他們和軍官們的關係日趨友好，真的很叫人感動。因為他們雖然有溝通上的不便，但他們卻沒有因國籍、語言而令友誼關係受阻，到離開的那天他們竟然為別離而落淚！這是多讓人感動啊！

希望這次軍校訓練能使他們更珍惜現有一切。

宋綺琪老師 (S.2 Gp.4　班主任)



很高興能帶領學生參與這次的訓練營。雖然未能全程同行，但在短短的三天裏看到他們的表現，真的值得一讚！今次真的能認識到他們認真時認真，遊戲時遊戲的一面。雖然偶爾會被軍官責罵，但我相信他們定能從中學習到很多寶貴的東西。學生們彼此相互扶持、鼓勵(一起訓練、步操、練拳、大叫口號、唱軍歌)，發揮了團隊精神。還有他們守紀律地「開飯」，極速食飯，然後相繼湧到小賣部，還有每天晚上的分享經驗……我想這些體驗必定成為他們求學階段中最難忘的事件之一。

在最後一天，看見他們於結業禮中出色的表現，真的令老師們為他們而驕傲！起初，有些學生都嚷著說不想參加，相信現在經過這五日四夜後，他們定沒有後悔吧！因為得著的都比預期中的多。緊記！不要把這幾天學到的東西一下子就全忘。其實在學校裏、家庭裏，他們也能表現得很自律，很好的！

黃紫茵老師 (S.3B　班主任)

Sharing from Parents

I think the camp was really a good experience for my son. This camp really trained him to be independent and how to live without parent's care. Moreover, my son learned to take care of himself and listen to the orders.

Amarjit Kaur (S.3C Singh, Inderjit's parent)

I am very happy because the school can provide such good education for the students to go to military school. It gives them a very good experience during their teenager's time and know more about different life styles. I hope that there will be more of these activities so that students will have more discipline, self control and be stronger physically and psychologically.

Lam Chi Sang (S.2 Gp.4 Stanley Lam's parent)



On the last day of the camp, some of the parents came to the graduation ceremony.

首先十分感謝學校舉辦這次非常有意義的活動。作為家長看到孩子在這短短幾天內的訓練，鍛鍊了個人意志，提升了團隊精神及自我照顧的能力，真的非常高興。

在營地生活的幾天，雖然艱苦及訓練嚴格，但真的沒想到他表現優秀，居然拿了獎狀！我們把獎狀收藏起來。他說：「很珍惜，很辛苦才能拿獎，我要好好珍惜現在的生活，好好讀書。」那一刻，他好像長大了，懂事多了。我感到很安慰。看來孩子一定要親身感受那種生活，才能珍惜現在的一切。最後，多謝隨隊照顧孩子們的老師，多謝校長在百忙中抽空出席頒獎禮。希望明年能再舉辦這些有意義的活動。

羅麗紅 (S.3A沈治豪家長)

「還是家最好！我覺得這世上沒一處地方比這裏更舒適、更可愛！」這是兒子從黃埔軍校回來的第一句話，也想不到這幾天的訓練，令他學會了更加珍惜這個「家」，眼看着皮膚黝黑的他，無論在外形和感覺都比以前成熟了不少。意外的是沒太多的投訴和怨懟，反而將這幾天的喜樂與辛苦跟我們傾訴，對於自己能克服這幾天遇到的困難，眉梢眼角隱隱帶着幾分從沒有過的喜悅，現在家中還會偶然玩玩步操和唱軍歌，令我們的「家」增添了不少歡樂的氣氛！

談敏茹 (S.3C楊定壹家長)

Highlights

Day 1



Our first taste at the Academy. Strict instruction and military uniform.



Learning to control ourselves and have proper "Chinese Military" eating manners. The food is great also.



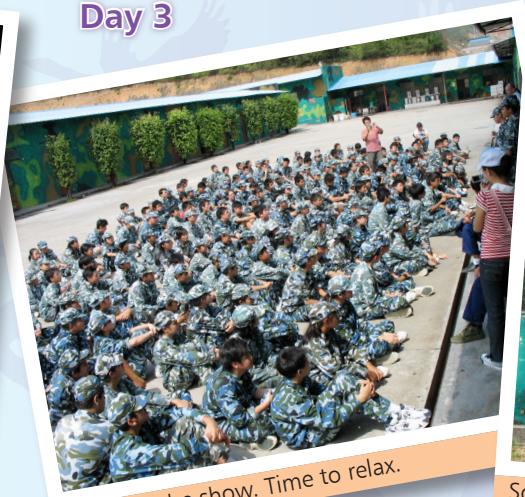
Learning self control when preparing to eat. Students stand by their tables before meal times.

Day 2



On the second day, it is a rainy day but our students are still having military drill.

Day 3



Enjoying the show. Time to relax.



Some dry weather at last. Assault course training, take a leap of faith.



Entertaining the troops. Students take turns to entertain the others.



Assault course training, run for it.

Day 3



A helping hand out of the pit. Some come out easier than others.



Practice makes perfect. We are having martial arts training.



A happy S.2 Gp.4 at last.



Time for a wash.

Day 4



Students are having physical training in the obstacle course.



Anybody needs painting? Just call us!

Day 5



It's all over. Time to relax and change back to civvies.



Time for farewell. Salute!

S.4 Adventure Training Camp

Date : 04 / 10 / 2006 – 06 / 10 / 2006
Place : YMCA Wong Yi Chau Camp, Sai Kung

Introduction

School learning is an important stage in one's life. At this crucial learning stage, students not only acquire knowledge, but also develop communication and cooperation skills. Our school strongly believes that a diversified school life is essential for having significant gains in students.



Here we come the leader. He is leading the discussion about the division of work in the afternoon programs.

We expect, with the LEADERSHIP Camp, our students to discover their own potentials and develop their leadership talents from the successful experience; hence strengthen their confidence and ability to encounter the adversity and hardship. We aim to help our students to develop a positive thinking and proactive attitude towards a problem. Furthermore, we expect our students to help each other, develop a caring and helpful relationship among themselves and strengthen their sense of belonging to the school through a genuine sharing of passions.



We are blindfolded and we have to cross a river without seeing or talking to each other. And we all get wet and muddy.

求學時期乃人生中重要之階段，學生不但應該吸收學術上的知識，更應從校園生活中學習與人相處，互相合作等經驗，故本校深信多元化之校園生活定能讓學生有重要之得著。

透過是次領袖歷奇挑戰營，本校除期望學生在其成功的經驗中，發掘自我潛能，增加領導才能，更藉訓練強化學生的自信及面對逆境的能力，使他們學習正面思維及積極解決問題的態度。除此之外，深化學生間的互助關係，希望彼此分享深層次的感受，增強學生對學校生活的歸屬感。

Teachers Responsible
Teacher-in-charge : Ms. Wong LK
Guiding Teachers : Ms. Au GM, Ms. Cheung LN, Mr. Ko CF, Ms. Kwok KW, Mr. Yiu YK

Itinerary (S.4)

Date	Time	Trainings / Activities
04/10/06 (Wed.)	01:00 p.m. – 01:15 p.m.	Gather at covered playground
	01:15 p.m. – 02:30 p.m.	Departure from school
	02:30 p.m. – 03:30 p.m.	Arrive at Wong Yi Chau Youth Camp
	03:30 p.m. – 06:00 p.m.	Mission Possible (A) – Ice Breaking Games
	06:00 p.m. – 07:00 p.m.	Dinner
	07:00 p.m. – 10:00 p.m.	Mission Possible (B) – Team Building Games
	10:00 p.m. – 10:30 p.m.	Sharing Time
	10:30 p.m.	Ready for bed
05/10/06 (Thur.)	07:30 a.m. – 08:00 a.m.	Morning exercise
	08:00 a.m. – 09:00 a.m.	Breakfast
	09:00 a.m. – 12:00 noon	Mission Possible (C) – Orienteering Competition
	12:00 noon – 01:00 p.m.	Lunch
	01:00 p.m. – 06:00 p.m.	Mission Possible (C) – Orienteering Competition
	06:00 p.m. – 07:00 p.m.	Dinner
	07:00 p.m. – 10:30 p.m.	Sharing Time, Group's Performances
	10:30 p.m.	Ready for bed
06/10/06 (Fri.)	07:30 a.m. – 08:00 a.m.	Morning exercises
	08:00 a.m. – 09:00 a.m.	Breakfast
	09:00 a.m. – 12:00 noon	Mission Possible (D) – Review & Conclusion
	12:00 noon – 01:00 p.m.	Lunch
	01:00 p.m. – 01:30 p.m.	Photo taking
	13:30p.m.	Departure from Sai Kung

Sharing from Students



Before I left for the camp, I could not really say I was excited because of the Sahara-desert-like weather. I knew the couple of days ahead of me would be a challenge in many ways.

We all packed our bags that weighed "a ton" and left for our trip, we took a bus ride for around an hour and then a 20-minute boat ride to an Island in the middle of nowhere.

We woke up at 6 a.m. in time for breakfast and we set off soon after that. It was a race around two huge islands, it seemed like the Amazing Race plus Survivor put together, I enjoyed myself to no end, even though we all had to run as if we were being chased by a bunch of bulls, we still had an amazing time. We did everything from looking for directions ourselves to traveling from one end of a river to the other end.

I did so many things I had never imagined doing, I learnt so much about myself. I learnt how to co-operate with people I didn't know, and I learnt how to be responsible.

Nishita Mohnani (S.4A)

這是第一次參與訓練營，第一次參與歷奇活動，第一次坐快艇，第一次紮木伐……嘗試了很多從沒試過的事，真的很開心。我想日後再參與這類的活動時，也會記起這次經歷，這不但是寶貴的經驗，亦是珍貴的回憶。

黃嘉瑜 (S.4A)

這次訓練營令我留下深刻的印象，透過不同的活動，讓我接觸不同的事物。雖然過程十分艱辛，有血有汗，但我仍很享受參與其中，因為能與隊友一起經歷所遇到的困難，從中學習到容忍和體諒，也明白到團結的力量。

林淑賢 (S.4B)

Sharing from Teachers



Being their class teacher, I had to go to the LEADER's camp with my S.4 class. I expected chaos and a hoarse voice on my part since my own class is not exactly the model class. Yet to my surprise, they not only enjoyed themselves thoroughly, they behaved properly under the guidance and instructions of their camp leader as well. Transformation would be an exaggeration but they underwent some changes, which was quite obvious as it was reflected in their behavior. I can only say I was impressed. I wish my other students could have the same experience.

Ms. Au GM (Class Teacher of S.4A)

I was so happy to see the improvement in building up co-operation and team spirit among students in all the teams, and I could see that all of them did enjoy the camp very much, and they also built good friendships, even with their coach!

Students were a bit passive at the beginning, but just after the first activity in the first afternoon, which was an ice-breaking activity for students to get to know their teammates and their coach, they began to be more active in the first night activities, and I could hear lots of laugher coming from each group.

On the second day, students were enthusiastic and excited about the adventure in the afternoon. Although all students came back wet and muddy, they were still very excited and energetic for the next raft-building activity.

I am really glad to see the students enjoy the camp so much, and I am sure all of us have a lot of good memories.

Ms. Cheung LN



我在校外也常舉辦歷奇的領袖訓練課程，而今次卻是首次為學校帶領中四學生進行歷奇訓練。其實多元化的歷奇活動，可以教授學生一些在課堂內難以講解的課題，如領袖才能、溝通技巧及如何解決困難等，唯有透過體驗，他們才能明白箇中的樂趣。

今次的訓練營透過不同的活動，讓他們經歷不同的挑戰，我相信每位學生都能在活動內有所得著。最後，希望勉勵各學生 "If you think you can, you can!"

高志輝 (Ringo)

Sharing from Parents

今次我的女兒參加了這個領袖訓練營，令她眼界大開，尤其她與隊友成功紮木筏，使她信心大增。回家後，她更絮絮不休地告知我們她在營中的情況，我覺得與她的話題也豐富了，相信她是感受到那份成功感而雀躍萬分。

池美貞 (S.4A鄭樂昕家長)

經過這次訓練活動，提升他們自我照顧的能力及自信心。希望校方日後多舉辦同類活動，令學生們能接觸多些在學校和課堂沒法接觸的事物，使他們在多方面有更好的發展。

鄭文婷 (S.4B張錫禧家長)

在這活動之前，我認為現今的孩子大都是受保護的「温室植物」。想不到，他為了這次訓練營而四處張羅宿營所需要的物品，又學懂與同學互相合作。回來後，他更與我分享他的快樂。他真的長大了，他已懂得照顧自己，希望學校能多舉辦這樣的活動。

彭文 (S.4B黃嘉俊家長)

領袖是提升一個社會創造力、競爭力和生產力的重要元素，而學校安排同學參與領袖訓練營，實是一個重要的課題。透過不同的活動，同學可以親身感受何為「領袖」，更帶給他們不少的挑戰和啟示，希望學校能多舉辦同類活動。

王美美 (S.4B鍾曉若家長)



Highlights

Mission Possible (A) – Ice Breaking Games



We are playing a game called "The Buyer".



We are running back and forth to get what the "buyer" wants.

Mission Possible (B) – Team Building Games



We pull a large rope for friends to walk on. That is really exciting.



Everyone is designing their team T-shirt.

Mission Possible (B) – Team Building Games



It is a web of irregular shapes and interconnected ropes and we are carrying Victor to pass through the web without touching any rope.



We are carrying a teammate up and he has to touch his nose to the basket.



There is a big pipe in between two trees. Two of us sit on the pipe to pull friends up and the rest of us stand on the ground to push friends up.



We use some newspaper and plastic straws to make a tunnel for a ball to pass through.

Mission Possible (C) – Orienteering Competition



Red Bull's raft breaks down and everyone falls into the sea. But luckily we have our life jackets on.



She is crossing a river under a bridge by sliding through the rope which is held tightly by other teammates.



A girl lays on a wooden stick to grab an object floating on the sea, and the rest of us have to hold the stick tight!



We are riding on a speedboat and heading for the hiking place.



He is trying to insert a wooden stick, which is tied around his waist, into a little bottle.

S.1 and S.6 Leadership Training Camp

Training Sessions
Date : 11 / 09 /2006 – 13 / 09 /2006
Place : Salvation Army Education and Development Centre & School Hall
Training Camp
Date : 16 / 10 / 2006 – 18 /10 /2006
Place : Po Leung Kuk Tai Tong Holiday Village, Yuen Long

Introduction



We enjoy playing the warm-up games!

We brought two forms together because this program had two aims. The first aim was to establish team spirit among S.1 students. Through group activities, students' communication and problem-solving skills were enhanced. The second aim was to equip S.6 students with leadership concepts and skills. After the training sessions, all S.6 students served as group leaders and program co-organizers in the camp. It was a great opportunity for them to implement what they have learnt about leadership.

為提升中一學生團隊精神，並訓練中六學生們的領導才能，我們特意安排兩個年級的學生一同參與此活動。首先，中六學生接受了由救世軍教育及發展中心提供，為期三天的領袖訓練。接著他們以組長的身份，帶領各中一學生參與營會。中一學生在中六學長的帶領下，學習到溝通及解難的技巧。而中六學生在帶領活動的過程中，也能把學習到的技巧實踐出來，一舉兩得。在活動結束後，不少學生都成為了好朋友！



Can you catch me?

Teachers Responsible

Teacher-in-charge : Ms. Kwok KW (School Social Worker)
Guiding Teachers : Ms. Li CH, Mr. V Chan, Ms. Tse LK, Mr. P Malouin, Mr. Lee YL, Ms. J Collins, Ms. Li NW, Mr. Tang WY, Ms. Tan TH, Ms. J Pedde, Mr. Ng KH, Mr. Wong MK

Itinerary (S.1 & S.6)

Training Sessions for Game Leaders			
Date	**Time**	**Trainings**	**Target**
11/9/06 (Mon.)	09:00 a.m. – 09:30 a.m.	Arrive at Salvation Army Education and Development Centre	S.6
	09:30 a.m. – 12:30 p.m.	Team Building Games	
	12:30 p.m. – 01:30 p.m.	Lunch	
	01:30 p.m. – 05:00 p.m.	Program Planning and Implementation Skills Training (1)	
12/9/06 (Tue.)	08:30 a.m. – 12:30 p.m.	Program Planning and Implementation Skills Training (2) in School Hall	

Activities (Organized by S6 students)			
Date	**Time**	**Activities**	**Target**
12/9/06 (Tue.)	01:30 p.m. – 03:30 p.m.	Ice-Breaking Games in School Hall	S.1 & S.6
13/9/06 (Wed.)	08:30 a.m. – 12:30 p.m.	Team Building Games in School Hall	
	12:30 p.m. – 01:30 p.m.	Lunch	
	01:30 p.m. – 03:30 p.m.	Communication Games in School Hall	
16/10/06 (Mon.)	01:30 p.m.	Gather at school and set off	
	03:00 p.m. – 04:30 p.m.	Arrive at Tai Tong Holiday Village and Camp Site Briefing Session	
	04:30 p.m. – 06:30 p.m.	Group Competitions	
	06:30 p.m. – 07:15 p.m.	Dinner	
	07:15 p.m. – 10:00 p.m.	Goal Setting Activities	
17/10/06 (Tue.)	07:30 a.m. – 08:15 a.m.	Morning Exercises	
	08:15 a.m. – 09:00 a.m.	Breakfast	
	09:00 a.m. – 01:00 p.m.	Group Activities	
	01:00 p.m. – 02:00 p.m.	Lunch	
	02:00 p.m. – 06:30 p.m.	Adventure-Based Games	
	06.30 p.m. – 07:15 p.m.	Dinner	
	07:15 p.m. – 01:00 p.m.	Adventure-Based Games	
18/10/06 (Wed.)	07:30 a.m. – 08:15 a.m.	Morning Exercises	
	08:15 a.m. – 09:00 a.m.	Breakfast	
	09:00 a.m. – 09:30 a.m.	Room Inspection	
	09:30 a.m. – 12:30 p.m.	Review and Conclusion	
	01:00 p.m. – 01:45 p.m.	Lunch	
	01:45 p.m.	Departure	

Sharing from Students

In this program, we needed to lead our groups and hold team building activities. It was really challenging. At first, my group members were not willing to work together. So I led them to brainstorm solutions to finish the tasks. At last, they found that co-operation was the best way to get the work done. It was the first time that I had felt I was not only joining a program, but also leading others!

Kathy Tong (S.6 Gp.1)



Brainstorming for good leadership practice.

I liked this program because I had a lot of fun. We played many games together. After the program, I became more independent and co-operative, and also, I felt closer to my classmates and teachers.

Nima Sang Tamang (S.1 Gp.4)

Sharing from Teachers



The program gave me a great opportunity to get to know more about my students outside the classroom. I remember going for a walk with my students, and we talked about different cultures and family backgrounds. I saw how S.6 students tried their best to help the S.1 students, even though at the very beginning, they had no experience of how to be team leaders. Many S.1 students spoke to me about their appreciation for those S.6 students who had helped them.

Ms. Li Nga Wing (Class Teacher of S.1 Gp. 4)



This highly interactive and collaborative camp provided wonderful opportunities for our students to challenge themselves to excel. For S.6 students, they were given a precious chance to take on a leadership role and to hold meaningful activities specifically designed for our junior students. For S.1 students, it was amazing to see the development of their team spirit over the 3-day training camp. Most importantly, the camp created a warm and safe environment which promoted positive peer as well as teacher-student relationships.

Ms. Li Chau Ha (Class Teacher of S.1 Gp.1)



I was impressed to see a group activity where all the group members were trying to help each other to get across the so-called "river". One of the originally quiet student encouraged another member by saying, "Don't give up, you can do it!"

Ms. Tse Lai King (Class Teacher of S.1 Gp.2)

Sharing from Parents

首先，我希望藉此機會多謝校方為同學們舉辦「齊來做領袖」這類型的活動。我兒子參加了這次訓練營回來後，表現比從前積極了、主動了。例如：他會協助同學修改參選社長的演講辭，主動照顧低年級的同學，準時回校當值等。他亦能按時交功課及温習，並協助老師籌辦學校其他活動。

甄快儀 (S.6 Gp.1王溥楠家長)

「齊來做領袖」的活動結束後，我發覺我的兒子對參加各樣的課外活動都有較以前明顯的興趣，亦表現積極。個人自信心也增強了，也學懂了安排自己的生活模式。對我而言，這次活動是成功的，成果亦有目共睹，希望　貴校能舉辦多些類似的活動。

黃卓怡 (S.1 Gp.2謝智毅家長)

My daughter is more responsible now, not only at home, but also in her studies. She behaves much better, and she is more independent and does not always rely on us—her parents all the time. She is also much better in tackling problems, and she is more attentive than before.

Noemi V. Dizon (S.1 Gp.4 Amiel Nikka V. Dizon's parent)

Highlights

Training Sessions for Game Leaders



We are a team!



Our lovely group leader is teaching us how to play this game.



We are happy to be friends!



Do we look alike?



Who wants to be the leader?

Activities



We are giving encouragement to our groupmates.



Super Model of the year.



I am so cool!



Hold on! Friend!



We are crossing the "Crocodile River".



We have lots of fun!



Don't be scared, friend!



One! Two! Three! Step by step!

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香島國際交流中心

The Salvation Army Education and Development Centre
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